

ALGONA		
Mon	8:00PM	<b>OMITA</b> , Finn House, 600 North Ridgley Street, <b>(O, D, To)</b>
Wed	8:00PM	<b>IWHAW</b> , Finn House, 600 North Ridgley Street, <b>(O, D, To)</b>
Sat	8:00PM	<b>Alive</b> , Finn House, 600 North Ridgley Street, <b>(O, D, To)</b>
AMES		
Sun	7:00PM	<b>Living Clean</b> , United Methodist Church, 515 Kellog Avenue, <b>(C)</b>
Tue	7:00PM	<b>We Have a Choice</b> , First Christian Church, 611 Clark, <b>(C, D, NC)</b>
Sat	8:00PM	<b>Seekers of Serenity</b> , Collegiate United Methodist Church, Enter Far West door to the building. Down the stairs. Room 44, 2622 Lincoln Way, <b>(BT, BK)</b>
ANKENY		
Tue	7:30PM	<b>Miracles on First Street</b> , Our Lady's Immaculate Heart Catholic Church, Room 5 Use North Entrance., 530 East 1st Street, <b>(O)</b>
ATLANTIC		
Wed	7:00PM	<b>Atlantic NA</b> , 1500 East 10th Street,
BOONE		
Wed	7:00PM	<b>Gimme 12 Steps</b> , Use East Entrance, 917 10th Street, <b>(O, D)</b>
Fri	7:00PM	<b>Gimme 12 Steps</b> , Use East Entrance, 917 10th Street, <b>(O, D)</b>
BURLINGTON		
Sun	7:00PM	<b>Recovery</b> , Trinity Lutheran Church, 115 South Central Avenue, <b>(O)</b>
Tue	7:00PM	<b>Recovery</b> , Trinity Lutheran Church, 115 South Central Avenue, <b>(O)</b>
Thu	7:00PM	<b>Recovery Group</b> , Trinity Lutheran Church, 115 South Central Avenue, <b>(O)</b>
CARROLL		
Thu	7:00PM	<b>Clean &amp; Serene</b> , Recovery Hall, off HWY 30, North of Pepsi, 1240 Heirs Avenue, Suite E, <b>(O)</b>
Sat	NOON	<b>Carroll Nooners Basic Text</b> , Recovery Hall, off HWY 30, North of Pepsi, 1240 Heirs Avenue, Suite E, <b>(C)</b>
CARTER LAKE		
Mon	7:00PM	<b>Recharge</b> , Carter Lake United Methodist Church, 3025 Mabrey Lane, <b>(O, WC)</b>
CEDAR RAPIDS		
Sun	6:00PM	<b>Face Anything, Fear Nothing</b> , Ecumenical Community Center, 601 2nd Avenue SouthEast, <b>(O, D, To, WC)</b>
Mon	NOON	<b>Pioneer</b> , Safe Place (ring door bell), 527 6th Avenue SouthEast, <b>(O)</b>
Mon	4:30PM	<b>Pioneer/ Women in Recovery</b> , Lundby Town House Community Roome, 845 31st Avenue SouthWest, <b>(C, W, BK)</b>
Mon	6:00PM	<b>We Do Recover</b> , Wellington Community Center, 392 15th Street SouthEast, <b>(O, D, To, WC)</b>
Tue	NOON	<b>We Do Recover</b> , Safe Place Foundation, Only Knock on Office Door, 529 6th Avenue SouthEast, <b>(O, D, To)</b>
Tue	7:00PM	<b>Principles Before Personalities</b> , Enter through back door., 351 8th Avenue SouthWest, <b>(O, D, JT, RF, SD, To)</b>
Wed	NOON	<b>Pioneer</b> , Safe Place (ring door bell), 527 6th Avenue SouthEast, <b>(O)</b>
Wed	6:00PM	<b>New Attitudes</b> , Grace Episcopal Church, 525 A Avenue NorthEast, <b>(O, WC)</b>
Wed	8:00PM	<b>Steps and Traditions</b> , Hope Lutheran Church, 2736 Bowling Street SouthWest, <b>(C, D, IW, St, To, Tr, WC, BK)</b>
Thu	NOON	<b>We Do Recover</b> , Safe Place Foundation, Only Knock on Office Door, 529 6th Avenue SouthEast, <b>(O, D, To)</b>
Thu	6:30PM	<b>Face Anything, Fear Nothing</b> , Ecumenical Community Center, 601 2nd Avenue SouthEast, <b>(O, D, To, WC)</b>
Fri	NOON	<b>We Do Recover</b> , Safe Place Foundation, Only Knock on Office Door, 529 6th Avenue SouthEast, <b>(O, To, WC)</b>
Fri	7:00PM	<b>We Do Recover</b> , Wellington Community Center, 392 15th Street SouthEast, <b>(O)</b>
Fri	9:00PM	<b>Pioneer</b> , Ecumenical Community Center, 601 2nd Avenue SouthEast, <b>(C, CL, WC, OE)</b>
Sat	NOON	<b>Pioneer</b> , Trinity United Methodist Church, Enter side, then downstairs, 400 3rd Avenue SouthWest, <b>(O)</b>
Sat	6:00PM	<b>Sisters &amp; Brothers of Serenity</b> , St. James Methodist Church, Enter back entrance. No addict turned away., 1430 Ellis Boulevard Northwest, <b>(O, M, W, WC)</b>
Sat	8:00PM	<b>Principles Before Personalities</b> , Enter through back door, 351 8th Avenue SouthWest, <b>(O, D, JT, RF, SD, To)</b>
CENTERVILLE		
Sun	7:30PM	<b>NA</b> , Mercy Medical Center, 1 Saint Joseph Drive, <b>(O, WC)</b>

CENTERVILLE (CONT)		
Wed	7:30PM	<b>NA</b> , Mercy Medical Center, 1 Saint Joseph Drive, <b>(O, WC)</b>
CHARITON		
Mon	7:00PM	<b>NA</b> , St. Andrew's Church, In Summer may meet at Red Hawk Park., 1112 North 7th Street, <b>(O, WC)</b>
Wed	7:00PM	<b>NA</b> , St. Andrew's Church, 1112 North 7th Street, <b>(O, WC)</b>
CHARLES CITY		
Mon	8:00PM	<b>Principles Before Personalities</b> , Hope House, 805 Wisconsin Street, <b>(O)</b>
Thu	8:00PM	<b>Principles Before Personalities</b> , Hope House, 805 Wisconsin Street, <b>(O)</b>
CLARINDA		
Sun	6:00PM	<b>Straight Edge</b> , Zion Recovery Building, Upstairs from Outpatient., 1800 North 16th Street, <b>(O)</b>
Tue	7:00PM	<b>Straight Edge</b> , Zion Recovery Building, Upstairs from Outpatient, 1800 North 16th Street, <b>(O)</b>
CLEAR LAKE		
Tue	8:00PM	<b>The Few The Proud The Clean</b> , Meeting is in Basement, 1115 East Main Street, <b>(O, D, To)</b>
CLINTON		
Thu	7:00PM	<b>NA Meeting</b> , Salvation Army, 219 First Avenue, <b>(O)</b>
CORALVILLE		
Sun	7:30PM	<b>We Do Recover</b> , 806 13th Ave, Coralville, Enter from 8th street, 806 13th Avenue, <b>(O, WC, LC)</b>
Thu	8:00PM	<b>We Do Recover</b> , 806 13th Ave, Coralville, Enter from 8th street, 806 13th Avenue, <b>(O, To, WC)</b>
COUNCIL BLUFFS		
Sun	6:45PM	<b>New Way</b> , Broadway United Methodist Church, Through the east doors and upstairs in room 210., 11 South 1st Street, <b>(O, SG, WC)</b>
Mon	NOON	<b>Let It Be</b> , The New LiteHouse, 200 South 16th Avenue, <b>(O)</b>
Mon	7:00PM	<b>Visions of Hope</b> , Our Savior Lutheran Church, 313 Story Street, <b>(O)</b>
Tue	NOON	<b>Let It Be</b> , The New LiteHouse, 200 South 16th Avenue, <b>(O)</b>
Tue	7:00PM	<b>Visions of Hope</b> , Our Savior Lutheran Church, 313 Story Street, <b>(O)</b>
Wed	NOON	<b>Let It Be</b> , The New LiteHouse, 200 South 16th Avenue, <b>(O)</b>
Wed	5:00PM	<b>Acceptance, Courage - Wisdom</b> , 500 Club, 410 South 16th Street, <b>(O)</b>
Wed	8:00PM	<b>Visions of Hope</b> , Our Savior Lutheran Church, 313 Story Street, <b>(O)</b>
Thu	NOON	<b>Let It Be</b> , The New LiteHouse, 200 South 16th Avenue, <b>(O)</b>
Thu	7:00PM	<b>Visions of Hope</b> , Our Savior Lutheran Church, 313 Story Street, <b>(O, LS, LC)</b>
Fri	NOON	<b>Let It Be</b> , The New LiteHouse, 200 South 16th Avenue, <b>(O)</b>
Fri	6:00PM	<b>More will be Revealed</b> , 500 Club, 410 South 16th Street, <b>(O)</b>
Fri	8:00PM	<b>Discovery</b> , Broadway United Methodist Church, Through the east doors and upstairs in room 210., 11 South 1st Street, <b>(O, WC)</b>
CRESTON		
Fri	8:00PM	<b>New Freedom</b> , Catholic Rectory, 401 Clark Street, <b>(O, CL)</b>
DAVENPORT		
Mon	7:00PM	<b>Promise</b> , West End Alano Club, 2603 Rockingham Road, <b>(C, WC)</b>
Tue	7:00PM	<b>We Do Recover</b> , Blandine Club, Upstairs, 117 1/2 Perry Street, <b>(O)</b>
Wed	7:00PM	<b>Promise</b> , West End Alano Club, 2603 Rockingham Road, <b>(O, WC)</b>
Thu	7:00PM	<b>Focus on Recovery</b> , Blandine Club, Upstairs, 117 1/2 Perry Street, <b>(O, W)</b>
Thu	7:00PM	<b>Road to Recovery</b> , Grace United, 2651 Telegraph Road, <b>(O)</b>
Fri	NOON	<b>Promise</b> , West End Alano Club, 2603 Rockingham Road, <b>(O, WC)</b>
Fri	5:30PM	<b>We Do Recover</b> , Blandine Club, Upstairs, 117 1/2 Perry Street, <b>(O)</b>
Sat	NOON	<b>Focus on Recovery</b> , Blandine Club, Upstairs, 117 1/2 Perry Street, <b>(O)</b>
Sat	5:30PM	<b>Road to Recovery</b> , Grace United, 2651 Telegraph Road, <b>(O)</b>
Sat	7:00PM	<b>We Do Recover</b> , Blandine Club, Upstairs, 117 1/2 Perry Street, <b>(O)</b>
DECORAH		
Thu	7:00PM	<b>Serenity Seekers</b> , Good Shepard Lutheran Church, 701 Iowa Ave., <b>(O, WC)</b>
DES MOINES		
Sun	11:00AM	<b>The Journey Continues</b> , Lutheran Hosp., B Level Conference Rm., 700 East University Avenue, <b>(O, CS, To, WC)</b>

DES MOINES (CONT)		
Sun	5:30PM	<b>Basic Meditation</b> , Wesley House, Use door from 28th St., downstairs, 28th Street & University Avenue, <b>(O)</b>
Sun	7:00PM	<b>Sunday Night NA</b> , Naureen Conference Room -- Use Emergency Entrance, 1801 Hickman Road, <b>(O, WC)</b>
Sun	7:30PM	<b>Eastside Recovery</b> , Experience Church, East Entrance, Sanctuary, 3800 East Douglas Street, <b>(O, WC)</b>
Mon	NOON	<b>Our Primary Purpose</b> , First Christian Church, 2nd Floor of Church, 25th & University Avenue, <b>(O, WC)</b>
Mon	7:00PM	<b>Addicts for Addicts</b> , Capitol Hill Christian Church, Enter Thru South West Door, 3322 East 25th Street, <b>(O)</b>
Mon	7:30PM	<b>Truth or Consequences</b> , First Unitarian Church, Park in east Lot off Druid Hill Rd. Downstairs and to the right., 1800 Bell Avenue, <b>(O)</b>
Tue	7:00PM	<b>Central City</b> , Urban Dreams, 601 Forest Avenue, <b>(O, WC)</b>
Tue	7:30PM	<b>Unity in Action</b> , Mercy Franklin Suite 4 (South End), 1818 48th Street, <b>(O, CL, WC)</b>
Wed	NOON	<b>Meeting with no name</b> , First Christian Church, 2nd Floor, 25th Street & University Avenue, <b>(O)</b>
Wed	7:00PM	<b>Freedom</b> , VA Medical Ctr, Room 2756, Bldg 1 - park in lot 3, 3600 30th Street, <b>(O)</b>
Wed	7:00PM	<b>Mens Meeting</b> , Trinity United Methodist, Enter off College, upstairs, 8th Street & College Avenue, <b>(C, M, LC)</b>
Wed	7:30PM	<b>We Came to Believe</b> , Lutheran Hospital, B Level Cafeteria, 700 East University Avenue, <b>(O, WC)</b>
Thu	NOON	<b>Thursday Nooners</b> , First Christian Church, 2nd Floor, 25th Street & University Avenue, <b>(O)</b>
Thu	7:00PM	<b>Closed for Repair</b> , Easton Place Methodist Church, In basement use North Entrance., 2412 Easton Boulevard, <b>(C)</b>
Thu	7:00PM	<b>SIS (Serenity in Sisterhood)</b> , Fort Des Moines Methodist Church, 6205 SouthWest 9th Street, <b>(O, W, WC)</b>
Thu	7:00PM	<b>Uncut</b> , Creative Visions, 1343 13th Street, <b>(O)</b>
Fri	NOON	<b>Found A Way Out</b> , First Christian Church, 2nd floor, 2500 University Avenue, <b>(O)</b>
Fri	5:30PM	<b>Stick &amp; Stay</b> , Des Moines Social Club, Room 211, 900 Mulberry Street, <b>(O)</b>
Fri	7:00PM	<b>Free Addicts Recovering Together</b> , Art Therapy Room, Main Hospital S.E. Entrance, 1818 48th Street, <b>(O, WC)</b>
Fri	7:00PM	<b>Free on Friday</b> , Lutheran Hospital, B Level Cafeteria, 700 East University Avenue, <b>(O, WC)</b>
Fri	7:30PM	<b>New Beginnings</b> , Grace United Methodist Church, South Entrance - Library, 3700 Cottage Grove, <b>(O)</b>
Fri	7:30PM	<b>Truth or Consequences</b> , First Unitarian Church, Park in east lot off Druid Hill Rd. Downstairs and to the right., 1800 Bell Avenue, <b>(O)</b>
Sat	9:00AM	<b>Basic Text Study</b> , Community of Christ Church, In Basement, 3003 62nd Street & Urbandale Avenue, <b>(O, BT, WC)</b>
Sat	6:00PM	<b>Miracles on Penn</b> , Powell, 700 East University Avenue, <b>(O, WC)</b>
Sat	6:30PM	<b>Central City</b> , Urban Dreams, 601 Forest Avenue, <b>(O, WC)</b>
Sat	7:00PM	<b>Saturday Night Live</b> , Ft. Des Moines Methodist Church, 6205 SouthWest 9th Street, <b>(O, WC)</b>
Sat	7:30PM	<b>Saturday Night Salvation</b> , Experience Church, Use East Entrance Room 207, 3800 East Douglas Avenue, <b>(O)</b>
DUBUQUE		
Sun	7:00PM	<b>Back to Basics</b> , The Source, 1166 1/2 Main Street, <b>(O, BT, WC)</b>
Mon	1:00PM	<b>We Do Recover</b> , The Source, 1166 1/2 Main Street, <b>(O, D, WC)</b>
Mon	7:30PM	<b>Monday Night Munchies</b> , Church of the Nazarene, 1195 Prysi Avenue, <b>(O)</b>
Tue	3:30PM	<b>Experience, Strength and Hope</b> , The Source, 1166 1/2 Main Street, <b>(O, WC)</b>
Tue	6:00PM	<b>Rascals in Recovery</b> , The Multicultural Center, 1157 Central Avenue, <b>(O)</b>
Wed	3:00PM	<b>Carrying the Message</b> , The Source, 1166 1/2 Main Street, <b>(O)</b>
Wed	7:00PM	<b>It Works- How &amp; Why</b> , St. Matthew's Church, 1780 White Street, <b>(C, IW, St, Tr)</b>
Thu	1:00PM	<b>Living Clean</b> , The Source, 1166 1/2 Main Street, <b>(O, LC)</b>
Thu	8:30PM	<b>Topic Meeting</b> , The Source, 1166 1/2 Main Street, <b>(O, CL, To, WC)</b>
Fri	1:30PM	<b>Back to the Stories</b> , The Source, 1166 1/2 Main Street, <b>(O, BT, WC)</b>
Fri	7:00PM	<b>Keep It Real</b> , The Source, 1166 1/2 Main Street, <b>(C)</b>
Sat	11:00AM	<b>The We not Me Group</b> , The Source, 1166 1/2 Main Street, <b>(O, WC)</b>
Sat	7:00PM	<b>Miracles Happen</b> , The Source, 1166 1/2 Main Street, <b>(O, CL)</b>
EAST MOLINE		
Sat	9:15PM	<b>Saturday Night Spiritual Principles</b> , Stutsman's Lodge - RICCA, 1607 John Deere Road, <b>(O)</b>

**ESTHERVILLE**

Fri 8:00PM NA, First Christian Church, 205 North 7th Street, (C, RF, WC)

**FAIRFIELD**

Tue 7:00PM Free and Clean, New Life Community Church, 500 West Washington Street, (O, WC, LS)

Fri 7:00PM Free and Clean, New Life Community Church, 500 West Washington Street, (O, WC, LS)

**FORT DODGE**

Tue 7:00PM New Rising, Shalom Center, 501 North 12 Street, (O, WC)

Thu 7:00PM New Rising, Shalom Center, 501 North 12 Street, (O, WC)

Fri 7:00PM Fort Dodge NA, Alano Club, 12 North 7th Street, (O, WC)

Sat 7:00PM New Rising, Shalom Center, 501 North 12 Street, (O, SD, WC)

**GRINELL**

Fri 7:30PM Our Primary Purpose, Station Clubhouse, 729 Pearl Street, (O, WC)

**HARLAN**

Mon 8:00PM Never Alone, St. Michael's Rectory, 1912 18th Street, (O, WC)

Wed 11:30AM Anybody's, SCCO Building, Conference Room Main Floor, 1105 8th Street, (O, CL, WC)

Thu 7:30PM Nobody's, Methodist Church, In the basement., 9th & Durant, (O, CL, WC)

Sat 5:00PM Saturday Serenity, SCCO Building, Conference Room on Main Floor, 1105 8th Street, (O, CL, WC)

**HARTLEY**

Sat 7:00PM NA, United Methodist Church, 8th Avenue West,

**HUMESTON**

Sat 5:00PM Humeston NA, Humeston Library, 302 Broad Street,

Sat 5:00PM Hwy 65 NA, Library, On the South side of the Library, Enter through the West Door, 301 Broad Street, (To)

**IDA GROVE**

Wed 7:00PM Ida Grove, Ida Grove Public Library, 100 East 2nd Street, (O)

**IOWA CITY**

Mon 7:30PM We Do Recover, Church of the Nazarene, 1035 Wade Street, (O, BT, WC)

Tue 7:00PM We Do Recover, River Community Church, East Entrance, 3001 Muscatine Avenue, (O, WC, LC)

Wed 6:30PM Women's Meeting, Faith United Church of Christ, 1609 Deforest Avenue, (O, JT, W, WC)

Wed 8:00PM We Do Recover, Church of the Nazarene, 1035 Wade Street, (C, IW, WC)

Fri 7:00PM We Do Recover, River Community Church, East entrance, 3001 Muscatine Avenue, (O, WC, LS)

Sat 11:30AM Saturday Serenity Meeting, Uptown Bill's, Side room, 730 South Dubuque Street, (O, WC)

**IOWA FALLS**

Tue 7:00PM Reading & Discussion, Fireside, 11241 US Highway 65 North, (O, D)

Sat 7:00PM Saturday Night Freedom, Fireside, 11241 US Highway 65 North, (O, D)

**JEFFERSON**

Sun 5:30PM Jefferson NA, Central Christian Church, 108 North Elm Street,

**KEOKUK**

Sun 6:45PM Journey to Freedom, St. John Episcopal Church, Enter the red door nearest the alley, 208 North 4th Street, (O, LS)

Wed 8:00PM Freedom: The New Beginning, Heritage Center, 509 Main Street, (To)

**KNOXVILLE**

Sun 7:30PM Freedom Seekers, Celebrate Christian Church, 1005 North Lincoln Street, (O)

Thu 7:30PM Freedom Seekers, Celebrate Christian Church, 1005 North Lincoln Street, (O)

Fri 7:00PM Freedom Seekers, Celebrate Christian Church, 1005 North Lincoln Street, (O)

**LAKE CITY**

Sat 7:00PM Saturday Night Live, Pilgrim Lutheran Church, 720 East Main (Highway 175), (O)

**LE MARS**

Mon 7:00PM Stairway to Heaven, Floyd Valley Hopsital, Room #2 (basement), 714 Lincoln Street NorthEast, (CS)

Tue 7:00PM Stairway to heaven, Floyd Valley Hospital, downstairs conference room/cafeateria, 714 Lincoln Street NorthEast, (CS)

Wed 7:00PM Stairway to Heaven, 714 Lincoln Street NorthEast, Highway 3, (CS)

Thu 7:00PM Stairway to Heaven, Floyd Valley Hopsital, 714 Lincoln Street NorthEast, (C, BT, NC, Sm)

Fri 7:00PM Stairway to Heaven, Floyd Valley Hopsital, 714 Lincoln Street NorthEast, (CS)

**LEON**

Fri 6:00PM NA, Loving Chapel United Methodist Church, 101 1st Street,

**LOHRVILLE**

Mon 7:00PM Our Primary Purpose, 109 4th Street, (O)

**MANCHESTER**

Fri 7:00PM Small Town Recovery, Living Hope Church, 102 Legion Street, (O, D, RF, SD, To)

**MANNING**

Tue 8:00PM Miracles of Recovery, McLaughlin Construction Building, 410 Elm Street, (O)

**MAQUEKETA**

Sat 6:00PM Mustard Seed Group, United Church of Christ, Basement, East Platt Street, (O)

**MARSHALLTOWN**

Sun 6:30PM New Directions, First Friends Church, Enter through door to the left of the front door., 2409 South 6th Street, (C, CL, D)

Mon 7:00PM New Directions, First Friends Church, Enter through door to the left of the front door., 2409 South 6th Street, (O, BK, LC)

Tue 7:00PM Steps to Freedom, Iowa Veteran's Home-DACK Building, Enter building around back, 1301 Summit Street, (O, D)

Wed 7:00PM New Directions, First Friends Church, Enter through door to the left of the front door., 2409 South 6th Street, (O)

Thu 5:30PM To Hell and Back, Iowa Veteran's Home-DACK Building, Enter building around back, 1301 Summit Street, (C, D)

Thu 6:30PM Womens New Directions, First Friends Church, Enter through door to the left of the front door., 2409 South 6th Street, (O, W, WC)

Fri 7:00PM Cope Without Dope, Central Christian Church Central Christian Church, 300 West Main Street, (O, D)

Sat 6:30PM New Directions, First Friends Church, Enter through door to the left of the front door., 2409 South 6th Street, (C, D)

**MASON CITY**

Mon 8:00PM More Will Be Revealed, First Congregational United Church of Christ (Use Alley Entrance), 100 1st Street NorthEast, (O, D, To)

Wed 8:00PM Stop the Insanity, St. John's Episcopal Church, Use North Pennsylvania Avenue Entrance, 120 1st Street NorthEast, (O, D, To)

Thu 7:00PM HOW, St Paul's Lutheran Church, East Entrance, 329 East State Street, (C)

Fri 7:30PM More Will Be Revealed, First Congregational United Church of Christ, Use Alley Entrance, 100 1st Street NorthEast, (O, D, To)

Sat 8:00PM HOW, St. Paul's Lutheran Church, Use East Entrance, 329 East State Street, (C, D, To)

**MILFORD**

Wed 8:00PM NA, First Lutheran Church, 1525 Three Cross Road, (O, BT, WC) Independent

**MOLINE**

Tue 7:00PM The Chance, 525 15th Street, (O)

Thu 8:00PM Bring Your Own Book, Church of Christ, 4800 38th Avenue, (O, BK)

**MT. PLEASANT**

Mon 6:30PM Monday Night NA, Mt. Pleasant Public Library, 307 East Monroe Street, (O, To)

Wed 6:00PM Wednesday Night NA, Mt. Pleasant Public Library, 307 East Monroe Street, (O, To)

**MUSCATINE**

Sun 4:00PM I Can't, We Can, Clubhouse, 704 South Houser, (O, To)

Wed 6:00PM We Have a Choice, Trinity Episcopal Church, 211 Walnut Street, (O, To)

**NEVADA**

Thu 7:00PM The Ties that Bind Us, Memorial Lutheran Church, Park in East Parking Lot Room 201, 701 11th Street, (O)

**NEWTON**

Sun 7:00PM Phoenix Rising, St. Steven's Episcopal Church, 223 East 4th Street, (O, D, WC)

Wed 7:00PM Phoenix Rising, St. Steven's Episcopal Church, 223 East 4th Street, (O, D, WC)

**OELWEIN**

Sat 7:00PM Do It, Alano Club, 517 1st Street NorthEast, (C)

**ONAWA**

Thu 7:30PM Narcotics Anonymous, First Lutheran Church, 316 15th Street, (O, D, WC)

**ORANGE CITY**

Wed 7:00PM Dig Into It, East Basement Entrance; Handicap Accessible, 400 Central Ave NorthWest, (O)

**OSAGE**

Thu 7:00PM Osage NA, 732 Main St, 732 Main Street,

**OSKALOOSA**

Mon 7:00PM Monday Madness, St. James Church, 207 South 3rd Street, (O, WC)

Tue NOON Spiritual Tuesday, St. James Church, 207 South 3rd Street, (O, WC)

Wed 6:00PM Osky Men's, St James Church, 207 South 3rd Street,

Thu 7:00PM Thursday Miracles, St. James Church, 207 South 3rd Street, (O, WC)

**OTTUMWA**

Sun NOON NA, 101 East Main Street, (O)

Sun 6:00PM NA, 101 East Main Street, (O)

Sun 7:00PM Clean And Free, 410 Keota Street, (O)

Mon NOON Here not there NA Meeting, 101 East Main Street, (O)

Mon 4:00PM NA, 101 East Main Street, (O)

Tue NOON NA, 101 East Main Street, (O)

Tue 7:00PM Clean And Free, 410 Keota Street, (O)

Wed NOON NA, 101 East Main Street, (O)

Wed 6:00PM NA, 101 East Main Street, (O)

Thu NOON NA, 101 East Main, (O)

Fri NOON NA, 101 East Main, (O)

Fri 5:00PM NA, 101 East Main, (O, BT)

Sat NOON NA, 101 East Main, (O)

Sat 6:00PM NA, 101 East Main, (O)

**PELLA**

Wed 6:00PM Narcotics Anonymous Pella(NAP), Pella Community Center, Room 308, 712 Union Street, (O)

**PERRY**

Tue 7:00PM NA, First United Methodist Church Annex, 1100 3rd Street, First United Methodist Church Annex, 3rd Street and Warford Street

Sat 7:00PM NA, First United Methodist Church Annex, 1100 3rd Street, First United Methodist Church Annex, 3rd Street and Warford Street

**POSTVILLE**

Sun 5:00PM Road to Recovery, St. Paul Lutheran Church, 116 East Military Road, (O)

**RED OAK**

Fri 6:30PM Just for Today, 406 North 3rd Street, (O, CL)

**ROCK ISLAND**

Sun 7:00PM Life After Drugs, South Park Presbyterian Church, Locked-door policy. Ring doorbell., 1501 30th Street, (O, CL)

Wed 8:00PM The Way Home Group, St. John's Lutheran, North parking lot. Left door. Brown Doorbell. If there before door is locked, go clear down hall, last door on left., 4501 7th Avenue,

Fri 8:00PM Just For Today, Broadway Presbyterian Church, Enter East doors, go up the stairs, 710 23rd Street, (O, D, To)

**SHELDON**

Mon 7:00PM NA, Bethel Reformed Church, 611 Seventh Street, (O, BT, WC)

**SHENANDOAH**

Tue 7:00PM Living Clean, 303 Walnut Street, (O, RF, Sm, LS)



## **What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.**

**Our message is hope  
and the promise of freedom.**

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## **IOWA REGION OF NA MEETING LIST SEPTEMBER 2017**

**24 HOUR HELPLINE  
800-897-6242**

**Iowa Regional Service Committee  
www.iowa-na.org  
P.O. Box 5164 Des Moines Iowa 50305-5164**

**SUGGESTIONS FOR EVERYONE  
DON'T USE no matter what  
Ask your Higher Power to keep you clean  
Come early and stay late  
Get a home group  
Go to 90 meetings in 90 days  
Read NA literature daily  
Get and use a sponsor  
Use the PHONE  
KEEP COMING BACK. IT WORKS**

Weekly Meetings: 269