

**ANKENY**

**Tuesday 7:30-8:30PM Miracles off First Street (O)**  
511 SW 2nd St, Ankeny, IA, 50023

**DES MOINES**

**Sunday 10-11AM Raw & Real (WC,NS)**

RiSE Recovery Center, 3120 SW 9th St, Des Moines, IA, 50315

**Sunday 11-12PM The Journey Continues**

Iowa Luthern Hospital, B level cafeteria, 700 E University Ave, Des Moines, Iowa, 50316

**Sunday NOON-1PM NA Staying in the Moment (VM)**

Des Moines, IA,

**Sunday 7-8PM Basic Meditation (O,WC,NS)**

Unity Church of Des Moines, 414 31st St, Des Moines, IA, 50312

**Sunday 7-8PM Eastside Recovery (O,WC,NS)**

Experience Church, 2559 E Euclid St, Des Moines, IA, 50317

**Sunday 7-8PM Sunday Night NA (O,WC,NS)**

In the main conference room, 1761 Hickman Rd, Des Moines, IA, 50314

**Monday NOON-1PM Found a Way Out (O,WC)**

Lutheran Church of Hope & Elim, 3rd floor of church RM 306, 2500 University Ave, Des Moines, IA, 50311

**Monday NOON-1PM NA Staying in the Moment (VM)**

Des Moines, IA,

**Monday 6:30-7:30PM Bad Company**

Suite 105-107, 4725 Merle Hay Road, Des Moines, Iowa, 50322

**Monday 6:45-8PM Addicts for Addicts (O)**

Capitol Hill Christian Church, 3322 E 25th St, Des Moines, IA, 50317

**Monday 7-8PM Recover Like a Girl (W)**

Lutheran Hospital, Level B past cafeteria in PDR room, 700 E University Ave, Des Moines, IA, 50311

**Tuesday NOON-1PM NA Staying in the Moment (VM)**

Des Moines, IA,

**Tuesday 6:30-8PM Guide Me In My Recovery (O,RF,L)**

RiSE Recovery Center, 3120 SW 9th St, Des Moines, IA, 50315

**Tuesday 6:30-7:30PM Unity in Action (CL,CW)**

Revival Church, 3816 36th St, Des Moines, IA, 50310

**Wednesday NOON-1PM Found a Way Out (O)**

Lutheran Church of Hope & Elim, 3rd floor of church, RM 308, 2500 University Ave, Des Moines, IA, 50311

**Wednesday NOON-1PM NA Staying in the Moment (VM)**

Des Moines, IA,

**DES MOINES (CONT)**

**Wednesday 6:30-7:30PM Living Clean (C)**

Iowa Lutheran Hospital, Conference room A (basement) 700 E University Ave, Des Moines, IA, 50316

**Wednesday 6:30-7:30PM Stepping Into Traditions (St,TW)**

The Well Covenant Church, Enter toward East Side of Building, 2625 Hubbell Ave, Des Moines, IA, 50317

**Thursday NOON-1PM Staying in the Moment (VM)**

Des Moines, IA,

**Thursday 6:30-7:30PM Off the Chain Outlaws (NS)**

Revival Church, 3816 36th St, Des Moines, IA, 50310

**Thursday 7-8PM Closed for Repairs (C)**

Easton Place Methodist Church, In basement, use North entrance, 2412 Easton Blvd, Des Moines, IA, 50317

**Friday NOON-1PM Found a Way Out (O)**

Lutheran Church of Hope & Elim, 2nd floor of church RM 201, 2500 University Ave, Des Moines, IA, 50311

**Friday NOON-1PM NA Staying in the Moment (VM)**

Des Moines, IA,

**Friday 6:30-7:30PM Off the Chain**

Revival Church, 3816 36th St, Des Moines, IA, 50310

**Friday 7:30-8:30PM New Beginnings (O)**

RiSE Recovery Center, 3120 SW 9th St, Des Moines, IA, 50315

**Saturday 10-11AM Basic Text Study (BT,O,BK,WEB)**

Community of Christ, 3003 62nd St, Des Moines, IA, 50322

**Saturday NOON-1PM NA Staying in the Moment (VM)**

Des Moines, IA,

**Saturday 6:30-7:30PM Saturday Night Downtown (O,CW)**

The Salvation Army Adult Rehabilitation Center, Front Entrance, Park behind the building, Children Welcome, 133 E 2nd Street, Des Moines, 50309

**Saturday 6:30-7:30PM Saturday Night Salvation (O)**

Capitol Hill Christian Church, 3322 E 25th St, Des Moines, IA, 50317

**KNOXVILLE**

**Sunday 7:30-8:30PM Knoxville Freedom Seekers (D)**

Methodist Church Annex, 308 E Robinson St, Knoxville, IA, 50138

**Tuesday 5-6PM Alive at 5**

Riverside Community Center, 120 W Main St, Knoxville, IA, 50138

**Thursday 7:30-8:30PM Knoxville Freedom Seekers (BT,D)**

Methodist Church Annex, 308 E Robinson St, Knoxville, IA, 50138

**NEWTON**

**Tuesday 7-8PM Phoenix Rising**

Jasper County church of Christ, 1813 1st St N, Newton, IA, 50208

**OSCEOLA**

**Saturday 7-8PM Spiritual Principles**

United Methodist Church, 130 W Grant St, Osceola, IA, 50213

**OSKALOOSA**

**Monday 7-8PM Monday Madness (O)**

St. James Episcopal Church, 207 S 3rd St, Oskaloosa, IA, 52577

**Tuesday NOON-1PM Brown Baggers (O)**

St. James Episcopal Church, 207 S 3rd St, Oskaloosa, IA, 52577

**Thursday 7-8PM Oskaloosa Miracles (O)**

St. James Episcopal Church, 207 S 3rd St, Oskaloosa, IA, 52577

**Friday 7-8PM Friday Oskaloosa NA (O)**

St. James Episcopal Church, 207 S 3rd St, Oskaloosa, IA, 52577

**PELLA**

**Wednesday 6-7PM Road to Recovery (O)**

COC Building, 1554 Broadway St, Pella, IA, 50219

**PERRY**

**Monday 7-8PM No Fear Group (D,O)**

Perry Alano Club, 1211 Lucinda St, Perry, IA, 50220

**Tuesday 7-8PM No Fear Group (O,L)**

Perry Alano Club, 1211 Lucinda Street, Perry, IA, 50220

**Friday NOON-1:30PM Noon NA**

Art Therapy Room, Main Hospital, SE entrance, 1213 Lucinda St, Perry, IA, 50220

**Saturday 7-8PM No Fear Group (D,O)**

Alano Club, 1211 Lucinda St, Perry, IA, 50220 *Speaker meeting 1st Saturday of the month, every other Month*

**URBANDALE**

**Friday 7-8PM Westside Recovery (WC)**

Walnut Hill United Methodist, 12321 Hickman Rd, Urbandale, IA, 50323

**WINTERSSET**

**Sunday 7-8PM Madison County Narcotics Anonymous (JT,WC,NS)**

Lower level, 103 W Green St, Winterset, IA, 50273

**MEETING FORMAT LEGEND**

BT	Basic Text	C	Closed
CL	Candlelight	D	Discussion
JT	Just for Today	O	Open
RF	Rotating Format	St	Step
W	Women	WC	Wheelchair
BK	Book Study	CW	Children Welcome
NS	No Smoking	L	Literature Study
WEB	Online Meeting	VM	Virtual Meeting
TW	Traditions Workshop		

