

SUNDAY**4-5PM I Can't, We Can (JT,O,WC)**

Trinity Episcopal Church, 211 Walnut St, Muscatine, IA, 52761

4:30-5:30PM Phoenix Group (D,To,WC,CW)

908 Ave G, Fort Madison, IA, 52627

5-6PM Came To Believe (D,O,To,CW)

The Loft, Upstairs, 416 Jefferson Street, Burlington, Iowa, 52601 *Second week of the month is a Stick Meeting*

7:30-8:30PM We Do Recover (CS,D,O,To,WC)

United Methodist Church, Enter from 8th St, 806 13th Ave, Coralville, IA, 52241

MONDAY**11-12PM We Do Recover (O,BK,NS)**

RSFIC Building, Parking across the street, no smoking on the property, 1927 Keokuk St, Iowa City, IA, 52240 *Guiding Principles.*

6:30-7:30PM Serenity Soldiers (O,L)

Grace Community Church, In basement, back door, 301 W 2nd St, Washington, IA, 52353

8-9PM We Do Recover (BT,O)

Upstairs, 511 Melrose St, Iowa City, IA, 52246

TUESDAY**NOON-1PM Not High at Noon Group (D,To,WC)**

Camel Club, 410 West Keota Street, Ottumwa, IA, 52501

7-8PM Never Alone Never Again Group (WC,B)

1524 North Court Street, Ottumwa, IA, 52501

7-8PM Shot of Hope (RF)

Pickwick Church, 1210 West Williams Street, Ottumwa, Iowa, 52501

7-8PM We Do Recover (CS,O,WC,LC)

Saint Mark's United Methodist Church, 2675 E Washington St, Iowa City, IA, 52245

WEDNESDAY**11-12PM We Do Recover (O,BK,NS)**

RSFIC Building, Parking across the street, no smoking on the property, 1927 Keokuk St, Iowa City, IA, 52240 *It Works How and Why*

NOON-1PM Not High at Noon Group (D,To,WC)

Camel Club, 410 West Keota Street, Ottumwa, IA, 52501

6-7PM Day By Day (O,WC,L)

St Michael's Episcopal Church, Use the door to the basement, 202 S Adams St, Mount Pleasant, IA, 52641

6-7PM New Way To Live (O,LC)

Trinity Episcopal Church, 211 Walnut St, Muscatine, IA, 52761

6:30-7:30PM Women's Meeting (JT,O,W,VM)

Iowa City, Iowa, 52245

8-9PM We Do Recover (C,JT)

Upstairs, 511 Melrose Ave, Iowa City, IA, 52246

THURSDAY**9-10AM New Way to Live (O,WC,BK,CW)**

MCSA, 312 Iowa Avenue, Muscatine, Iowa, 52761

NOON-1PM Not High at Noon Group (D,To,WC)

Camel Club, 410 West Keota Street, Ottumwa, IA, 52501

5-6PM Came To Believe (D,O,To,CW)

The Loft, Downstairs, 416 Jefferson Street, Burlington, Iowa, 52601 *Second week of the month is a Book Study.*

7-8PM Victory Is Possible (VIP) (D,O,To,WC,CW)

The Gathering Place, 302 W Jefferson St, Fairfield, IA, 52556

7:30-8:30PM We Do Recover (CS,IW,O,WC)

United Methodist Church, Enter from 8th St, 806 13th Ave, Coralville, IA, 52241

FRIDAY**11-12PM We Do Recover (O,BK,NS)**

RSFIC Building, Parking across the street, no smoking on the property, 1927 Keokuk Street, Iowa City, IA, 52240 *Spiritual Principle A Day*

NOON-1PM Not High at Noon Group (D,To,WC)

Camel Club, 410 West Keota Street, Ottumwa, IA, 52501

6-7PM New Way To Live (BT,O,St)

Trinity Episcopal Church, 211 Walnut St, Muscatine, IA, 52761

7-8PM Never Alone Never Again Group (BT,C,WC,BK)

1524 North Court Street, Ottumwa, IA, 52501

7-8PM We Do Recover (CS,O,WC,SP3,STK)

Saint Mark's United Methodist Church, 2675 E Washington St, Iowa City, IA, 52245

SATURDAY**NOON-1PM Not High at Noon Group (D,To,WC)**

Camel Club, 410 West Keota Street, Ottumwa, IA, 52501

7-8PM Never Alone Never Again Group (D,To,WC)

1524 North Court Street, Ottumwa, IA, 52501

MEETING FORMAT LEGEND

BT	Basic Text	C	Closed
CS	Children under Supervision	D	Discussion
IW	It Works -How and Why	JT	Just for Today
O	Open	RF	Rotating Format
St	Step	To	Topic
W	Women	WC	Wheelchair
BK	Book Study	CW	Children Welcome
LC	Living Clean	NS	No Smoking
L	Literature Study	VM	Virtual Meeting
B	Beginners	SP3	Speaker 3rd week of month
STK	Stick meeting		

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS

