

**SUNDAY****4-5PM I Can't, We Can (JT,O,WC)**

Trinity Episcopal Church, 211 Walnut St, Muscatine, IA, 52761

**4:30-5:30PM Phoenix Group (D,To,WC,CW)**

908 Ave G, Fort Madison, IA, 52627

**5-6PM Came To Believe (D,O,To,CW)**

The Loft, Upstairs, 416 Jefferson Street, Burlington, Iowa, 52601 *Second week of the month is a Stick Meeting*

**7:30-8:30PM We Do Recover (CS,D,O,To,WC)**

United Methodist Church, Enter from 8th St, 806 13th Ave, Coralville, IA, 52241

**MONDAY****11-12PM We Do Recover (O,BK,NS)**

RSFIC Building, Parking across the street, no smoking on the property, 1927 Keokuk St, Iowa City, IA, 52240 *Guiding Principles.*

**6:30-7:30PM Serenity Soldiers (O,L)**

Grace Community Church, In basement, back door, 301 W 2nd St, Washington, IA, 52353

**8-9PM We Do Recover (BT,O)**

Upstairs, 511 Melrose St, Iowa City, IA, 52246

**TUESDAY****NOON-1PM Not High at Noon Group (D,To,WC)**

Camel Club, 410 West Keota Street, Ottumwa, IA, 52501

**7-8PM Never Alone Never Again Group (WC,B)**

1524 North Court Street, Ottumwa, IA, 52501

**7-8PM Shot of Hope (RF)**

Pickwick Church, 1210 West Williams Street, Ottumwa, Iowa, 52501

**7-8PM We Do Recover (CS,O,WC,LC)**

Saint Mark's United Methodist Church, 2675 E Washington St, Iowa City, IA, 52245

**WEDNESDAY****11-12PM We Do Recover (O,BK,NS)**

RSFIC Building, Parking across the street, no smoking on the property, 1927 Keokuk St, Iowa City, IA, 52240 *It Works How and Why*

**NOON-1PM Not High at Noon Group (D,To,WC)**

Camel Club, 410 West Keota Street, Ottumwa, IA, 52501

**6-7PM Day By Day (O,WC,L)**

St Michael's Episcopal Church, Use the door to the basement, 202 S Adams St, Mount Pleasant, IA, 52641

**6-7PM New Way To Live (O,LC)**

Trinity Episcopal Church, 211 Walnut St, Muscatine, IA, 52761

**6:30-7:30PM Women's Meeting (JT,O,W,VM)**

Iowa City, Iowa, 52245

**8-9PM We Do Recover (C,JT)**

Upstairs, 511 Melrose Ave, Iowa City, IA, 52246

**THURSDAY****9-10AM New Way to Live (O,WC,BK,CW)**

MCSA, 312 Iowa Avenue, Muscatine, Iowa, 52761

**NOON-1PM Not High at Noon Group (D,To,WC)**

Camel Club, 410 West Keota Street, Ottumwa, IA, 52501

**5-6PM Came To Believe (D,O,To,CW)**

The Loft, Downstairs, 416 Jefferson Street, Burlington, Iowa, 52601 *Second week of the month is a Book Study.*

**7-8PM Victory Is Possible (VIP) (D,O,To,WC,CW)**

The Gathering Place, 302 W Jefferson St, Fairfield, IA, 52556

**7:30-8:30PM We Do Recover (CS,IW,O,WC)**

United Methodist Church, Enter from 8th St, 806 13th Ave, Coralville, IA, 52241

**FRIDAY****11-12PM We Do Recover (O,BK,NS)**

RSFIC Building, Parking across the street, no smoking on the property, 1927 Keokuk Street, Iowa City, IA, 52240 *Spiritual Principle A Day*

**NOON-1PM Not High at Noon Group (D,To,WC)**

Camel Club, 410 West Keota Street, Ottumwa, IA, 52501

**6-7PM New Way To Live (BT,O,St)**

Trinity Episcopal Church, 211 Walnut St, Muscatine, IA, 52761

**7-8PM Never Alone Never Again Group (BT,C,WC,BK)**

1524 North Court Street, Ottumwa, IA, 52501

**7-8PM We Do Recover (CS,O,WC,SP3,STK)**

Saint Mark's United Methodist Church, 2675 E Washington St, Iowa City, IA, 52245

**SATURDAY****NOON-1PM Not High at Noon Group (D,To,WC)**

Camel Club, 410 West Keota Street, Ottumwa, IA, 52501

**7-8PM Never Alone Never Again Group (D,To,WC)**

1524 North Court Street, Ottumwa, IA, 52501

**MEETING FORMAT LEGEND**

BT	Basic Text	C	Closed
CS	Children under Supervision	D	Discussion
IW	It Works -How and Why	JT	Just for Today
O	Open	RF	Rotating Format
St	Step	To	Topic
W	Women	WC	Wheelchair
BK	Book Study	CW	Children Welcome
LC	Living Clean	NS	No Smoking
L	Literature Study	VM	Virtual Meeting
B	Beginners	SP3	Speaker 3rd week of month
STK	Stick meeting		

**SUGGESTIONS FOR EVERYONE**

**DON'T USE no matter what**

**Ask your Higher Power to keep you clean**

**Come early and stay late**

**Get a home group**

**Go to 90 meetings in 90 days**

**Read NA literature daily**

**Get and use a sponsor**

**Use the PHONE**

**KEEP COMING BACK. IT WORKS**

