

**SUNDAY**

**4-5:30PM Recovery at Work (O,L)**

St. Paul Lutheran Church, Enter through door #8, 1217 4th Ave S, Fort Dodge, IA, 50501

**6:30-8PM (O,WC,L)**

First Friends Church, 2409 S 6th St, Marshalltown, Iowa, 50158

**7-8PM By Any Means Necessary (O,To)**

Shalom Center, 501 N 12th St, Fort Dodge, IA, 50501

**MONDAY**

**N00N-1PM New Directions (D,O)**

New Life Church, 2101 S 1st Ave, Marshalltown, Iowa, 50158

**6-7PM Mesquakie Friends (O)**

3519 I Ave, Tama, Iowa, 52339

**6:30-7:30PM New Directions (O,L)**

Salvation Army, Enter through door 2, 107 W State St, Marshalltown, Iowa, 50158

**6:30-8PM Recovery At Work (O,L)**

St. Paul Lutheran Church, Enter through door #8, 1217 4th Ave S, Fort Dodge, IA, 50501

**TUESDAY**

**6:30-7:30PM New Directions (D,O)**

Salvation Army, Parking on State St, enter in door 2 on the south side of the building, 107 W State St, Marshalltown, Iowa, 50158

**7-8PM A New Hope (O,To,STK)**

423 13th St, Ames, IA, 50010

**7-8PM By Any Means Necessary (CL,O,To)**

Shalom Center, 501 N 12th St, Fort Dodge, IA, 50501

**WEDNESDAY**

**N00N-1PM New Directions (D,O)**

New Life Church, 2101 S 1st Ave, Marshalltown, Iowa, 50158

**6:30-7:30PM New Directions (O,To)**

First Friends Church, 2409 S 6th St, Marshalltown, Iowa, 50158

**7-8PM Gimme 12 Steps (D,O)**

Use East entrance, 917 10th St, Boone, IA, 50036

**7-8PM Principles Before Personalities (O,RF,To,WC,STK)**

1333 4th Ave N, Fort Dodge, IA, 50501

**THURSDAY**

**N00N-1PM New Directions (D,O)**

New Life Church, 2101 S 1st Ave, Marshalltown, Iowa, 50158

**6-7:30PM Recovery At Work (O,L)**

St. Paul Lutheran Church, Enter through door #8, 1217 4th Ave S, Fort Dodge, IA, 50501

**THURSDAY (CONT)**

**7-8PM A New Hope (O,BK,LC)**

423 13th St, Ames, IA, 50010

**7:30-8:30PM Against All Odds (BT,D,L)**

501 N Locust St, Jefferson, Iowa,

**FRIDAY**

**6:30-8PM New Directions (O,WC,L)**

First Friends Church, Use door to the west of the main doors., 2409 S. 6th St, Marshalltown, Iowa, 50158

**7-8PM Gimme 12 Steps (D,JT,O)**

Use East entrance, 917 10th St, Boone, IA, 50036

**7-8PM Our Primary Purpose (O,WC,BK)**

Prairie Lakes Church, 925 E St, Grinnell, IA, 50112

**8-9PM By Any Means Necessary (O,To)**

Shalom Center, 501 N 12th St, Fort Dodge, IA, 50501

**SATURDAY**

**6:30-7:30PM New Directions (D,O)**

First Friends Church, Enter through door to the left of the front door, 2409 S 6th St, Marshalltown, IA, 50158

**7-8PM A New Hope (BT,O,RF,BK)**

Collegiate United Methodist Church, Enter at far West door to the building, down the stairs, RM 44, 2622 Lincoln Way, Ames, IA, 50014

**7-8PM A New Rising (O,To)**

Shalom Center, 501 N 12th St, Fort Dodge, IA, 50501

**MEETING FORMAT LEGEND**

BT	Basic Text	CL	Candlelight
D	Discussion	JT	Just for Today
O	Open	RF	Rotating Format
To	Topic	WC	Wheelchair
BK	Book Study	LC	Living Clean
L	Literature Study	STK	Stick meeting

**PHONE NUMBERS**

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# **HEARTLAND AREA OF NA (HANA)**

## **MEETING LIST**

June 2, 2026

**If you have any doubts about a group's  
current location or status, please call  
the helpline or visit the website!**

1-800-897-6242

[iowa-na.org](http://iowa-na.org)

Meetings Weekly: 25