SUNDAY

7-8PM NA (C,RF)
1st Congregational Church, 1212 1st Ave W, Spencer, IA, 51301

TUESDAY

7-8PM NA (O,RF)
1st Congregational Church, 1212 1st Ave W, Spencer, IA, 51301

WEDNESDAY

7-8PM Together We Can (O,WC)
402 Hickory St, Early, IA, 50535

THURSDAY

7-8PM NA (BT,C,BK)
Spirit Lake Public Library, Enter through back door on West side of building, 702 16th St, Spirit Lake, IA, 51360

FRIDAY

7-8PM NA (RF)
First Presbyterian Church, 205 N 7th St, Estherville, IA, 51334

MEETING FORMAT LEGEND

BT	Basic Text	C	Closed
O	Open	RF	Rotating Format
WC	Wheelchair	BK	Book Study

PHONE NUMBERS

LAKES AREA OF NA (LANA)

MEETING LIST

June 2, 2026

If you have any doubts about a group's current location or status, please call the helpline or visit the website!

1-800-897-6242

iowa-na.org

Meetings Weekly: 5