SUNDAY

6-7PM Back to Basics (BT,O,WC)
The Source, 1166 1/2 Main St, Dubuque, IA, 52001

MONDAY

1-2PM Just For Today (D,O,WC)
The Source, 1166 1/2 Main St, Dubuque, IA, 52001

7:30-8:30PM Monday Night Munchies (C)
Church of the Nazarene, 1195 Prysi Ave, Dubuque, IA, 52001

TUESDAY

1-2PM Just For Today (O)
The Source, 1166 1/2 Main St, Dubuque, IA, 52001

6-7PM Misfits with Attitude (O,WC)
The Source, 1166 1/2 Main St, Dubuque, IA, 52001

WEDNESDAY

1-2PM Just For Today (O)
The Source, 1166 1/2 Main St, Dubuque, IA, 52001

7-8PM It Works - How & Why (C,IW,St,Tr)
St. Matthew's Lutheran Church, 1780 White St, Dubuque, IA, 52001

THURSDAY

1-2PM Just For Today (O,CW)
The Source, 1166 1/2 Main St, Dubuque, IA, 52001

5-6PM Women Recover (W)
The Source, 1166 1/2 Main St., Dubuque, Iowa, 52001

7-8PM Simple Not Easy (CL,O,To,WC)
The Source, 1166 1/2 Main St, Dubuque, IA, 52001

FRIDAY

1-2PM Just For Today (BT,O,WC)
The Source, 1166 1/2 Main St, Dubuque, IA, 52001

7-8PM Keep It Real (C)
The Source, 1166 1/2 Main St, Dubuque, IA, 52001

SATURDAY

7-8PM Miracles Happen (CL,O)
The Source, 1166 1/2 Main St, Dubuque, IA, 52001

MEETING FORMAT LEGEND

BT	Basic Text	C	Closed
CL	Candlelight	D	Discussion
IW	It Works -How and Why	O	Open
St	Step	To	Topic
Tr	Tradition	W	Women
WC	Wheelchair	CW	Children Welcome

PHONE NUMBERS

MISSISSIPPI RIVER VALLEY AREA OF NA (MRVANA)

MEETING LIST

November 1, 2026

If you have any doubts about a group's current location or status, please call the helpline or visit the website!

1-800-897-6242

iowa-na.org

Meetings Weekly: 13