

**Sunday - Closed**

7:00 pm - Spencer, 1212 1<sup>st</sup> Ave W  
1<sup>st</sup> Congregational Church

**Monday - Open**

7:00 pm - Albert City, 212 Flower St  
Evangelical Free Church  
*\*Handicap Accessible\**

**Tuesday - Open**

7:00 pm - Spencer, 605 Grand Ave  
Community Outreach Center

**Wednesday - Open**

7:00 pm - Early, 402 Hickory St  
Methodist Church

**Thursday - Closed**

7:00 pm - Spirit Lake, 702 16<sup>th</sup> St  
Spirit Lake Public Library

**Sunday - Closed**

7:00 pm - Spencer, 1212 1<sup>st</sup> Ave W  
1<sup>st</sup> Congregational Church

**Monday - Open**

7:00 pm - Albert City, 212 Flower St  
Evangelical Free Church  
*\*Handicap Accessible\**

**Tuesday - Open**

7:00 pm - Spencer, 605 Grand Ave  
Community Outreach Center

**Wednesday - Open**

7:00 pm - Early, 402 Hickory St  
Methodist Church

**Thursday - Closed**

7:00 pm - Spirit Lake, 702 16<sup>th</sup> St  
Spirit Lake Public Library

***Our message: That an addict, any addict, can lose the desire to use and find a new way to live.***

When at the end of the road we find we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends ...jails, institutions, and death... or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in history, a simple way of living has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual- not religious- program known as Narcotics Anonymous. - *Narcotics Anonymous* p. 84

**Phone Numbers**

---

---

---

---

---

---

***Our message: That an addict, any addict, can lose the desire to use and find a new way to live.***

When at the end of the road we find we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends ...jails, institutions, and death... or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in history, a simple way of living has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual- not religious- program known as Narcotics Anonymous. - *Narcotics Anonymous* p. 84

**Phone Numbers**

---

---

---

---

---

---

# Lakes Area Narcotics Anonymous



P.O. Box 1093  
Spencer, Iowa 51301  
[www.iowa-na.org](http://www.iowa-na.org)  
1-800-897-6242  
(Call or text your zip code)

Printed 01/15/2024

# Lakes Area Narcotics Anonymous



P.O. Box 1093  
Spencer, Iowa 51301  
[www.iowa-na.org](http://www.iowa-na.org)  
1-800-897-6242  
(Call or text your zip code)

Printed 01/15/2024