

Iowa Regional Service Meeting 2/22/2026 SCANA ASC -Des Moines, IA 50315 In-person & online - video conference hybrid			
1	OPENING:	The meeting opened at 10:29 AM CT with a moment of silence followed by the Serenity Prayer.	
2	READINGS:	12 Traditions – Britney C 12 Concepts – Denny V Vision Statement – Jen S	
3	ROLL CALL:		
•	REGIONAL BOARD	Facilitator – Matt S - Present Co-Facilitator – Ashlie C - Present Treasurer – Jessica R - Present Co-Treasurer –Vacant Recorder – Bel M - Present Co-Recorder – Vacant - Regional Delegate (RD) – Tonya H - Present Alternate Delegate (AD) – Denny V - Present IT Facilitator - Jen S - Present R2D2 - Jennifer B - Present	
•	COMMITTEE FACILITATORS	IRCNA Committee – Reese H - Present Public Relations – Stacy H - Present Fellowship Development – Tracy - Absent	
•	WORKGROUP FACILITATORS	Archives - Vacant - Guidelines – Vacant Insurance – Heather M - Present Incorporation Ad Hoc - Aisha E & Chad L - Absent Guidelines Ad Hoc - Denny V - Present	
•	AREAS	CAFANA - Cami S - Present FASANA - Britney C - Present HANA - Jared O - Present LANA - Tracy W - Absent MANA - Open - Present MRVANA - Jack D - Present	NCIANA – Natalie H - Present QCANA – Cathleen V - Present SANA – Matt F - Present SCANA – Jackie F - Present SEIANA – Dan N - Present SWINA – Stacy H - Present
•	OTHER MEMBERS PRESENT		
•	QUORUM	• 11/12 Areas present	

		• 80% to block- • 3 votes needed to block
4	READING OF MINUTES:	Previous region unfinished service, new service, and financial requests were read at the board meeting.
5	APPROVAL OF MINUTES:	Unanimous
6	REPORTS:	
•	REGIONAL BOARD REPORTS	
○	FACILITATOR	Verbal
○	CO-FACILITATOR	Hello Region, In Open Forum we discussed the storage space. We are currently paying \$281 per month. Kris brought information from Dino's storage. A 10x15 space could be \$97.85 per month or \$112.24 per month. There is an application fee of \$25.68 and a combination lock would be \$33.05. Moving the storage unit to Dino's is moved to new business. Cami brought up that Clean and Free would like to take the banners. Arrangements were made for that. Heather brought up issues with our insurance agent and not being able to get responses in a timely manner. Her and Kris B will work on moving to a different agent but keeping our same policy. Tanya pointed out that there is a survey for the CAR/CAT motions on the webpage and will be available until 4/11. We discussed the treasurer position and Esti is available for the position. That will be moved to service and taken back to areas. It was also brought up that people were interested in switching PR to the beginning of the day on Saturday for region as there seems to be more attendance in the beginning of the day. Tonya brought up the issue of incorporation and areas being able to use the 501c3 to use to put signs on buses. We would need to submit the area's financials in order to do that. Her area will do more checking into that. We talked about zoom and IT. Our zoom person stepped down. We are going to take inventory of the equipment and send old stuff to storage. We also brought up that we will need to update guidelines. That was moved to service. That is all. Thank you for allowing me to serve. ILS, Ashlie C
○	TREASURER	Good morning, Region,

		The following occurred or are thoughts I have had some brain space to have or things that have been brought to my attention since Fall 2025 Session of the IRSM within the Treasurer's duties: Financial reports and supporting documents available to me have been sent to Dee who has been preparing audits for 2020 through 2024. I am finishing compiling all of 2025 to send those documents and either myself or the incoming treasurer will send them before the end of March 2026. Biennial report was completed in 2025 and I do not believe it is due until March of 2027 Tax form is due April 2026 I recommend the IRSC retain an attorney for questions, concerns and issues that may arise from the Incorporation and 501c3 status we currently hold as well as potential liability insurance issues and claims that could potentially arise. The idea of extending the 501c3 status to areas requires that all areas report their financial statements of income verses expenditures to the Regional Treasurer. The Regional treasurer is responsible for updating the Articles of Incorporation with the Secretary of State to be in good standing anytime officer's change. The board are the liable parties should the IRS or Iowa Secretary of State flag the IA Region of NA for audit. Fluid Financial reports are required by the government to be submitted to the Regional Treasurer for oversight. This includes all committees, workgroups, Regional Areas (if the tax exempt is extended to the areas). US Bank's policy requires the liaison to review our publicly posted documents and the documents with the secretary of state of Iowa before they will make significant changes to the account signers and holders. They will not make changes unless and until those documents are updated and match with the requests being made. Example: The officers who are requesting the changes must be listed as the officers at the Secretary of State website. Orders for checks and other types of payment methods will need approval by the current Treasurer or Board of the IRSC. We do have a current liaison in Ankeny. I will share this information with whomever is our acting Treasurer after this meeting. All financial records must be posted publicly. By that I mean – the previously mentioned financial reports must be posted on the IRSC website. The secretary of state website for the IRSC does not have the correct information regarding our Recorder and this needs to be corrected as soon as possible. Guidelines for the Treasury is in need of an overhaul in light of the additional requirements set forth by the Incorporation and 501c3 status. An attorney would be an asset we may want to consider again. I recommend the conversation for a Certified Public Accountant. For what level of assistance, I do not know but a conversation would be beneficial for the body to have. The FENCE law and any law changes as it pertains to tax law, tax exemption law which occurs every year, is one reason an attorney or CPA is a necessary retainage in my humble opinion. The FENCE law begs a discussion from this service body. An example of the FENCE law: The proposed "Fixing Exemptions for Networks Choosing to Enable Illegal Migration (FENCE) Act" (S.497), introduced in February 2025, aims to revoke the 501(c)(3) tax-exempt status of organizations that provide financial assistance, services, or material support to individuals known to be unlawfully

		present in the U.S.. Senator Bill Hagerty (.gov) +1 The treasurer position is a more elevated in responsibility position than it was in previous years in my opinion and that may warrant further discussion and potential requirement changes by this service body. We are currently not operating in compliance with all of the laws and requirements from the governing bodies. We learn as we go and since I now have this knowledge, I am passing it to the IRSC to do with as they see fit. I was advised to mention in this report that I have requested financial reports from all committees and workgroups in past meetings to show it has been asked for previously for my protection in the event of an audit. Telling me they are in the minutes is too much to add to the Treasurer position with no Co-Treasurer to ferret them out and over-see them. Sorry about that. I would like to propose this body discuss the idea of credit cards for the sub accounts instead of debit cards. Storage unit proposal should be coming at this service committee meeting and the treasurer whole heartedly approves. The Storage Mart people recently sent another email that states paying with a credit card would incur a 2.5% additional charge with every monthly automatic payment. PLEASE NOTE: if you have access to the US Bank account to view accounts, you can download monthly statements and print them out. It is very expensive for them to mail it monthly (we are charged for that) and to ask for print outs from the bank. There was a \$281 pull from IRCNA Even sub account for bank statements IRCNA Odd ordered from US Bank. Transferred it back to the IRCNA Even account and noted on the financial spreadsheet report for 02/2026 Winter session. I ordered supplies on behalf of the IRCNA committee and it came out of the new set of budgets. However, there was a bit of a kaffuffle and at this time \$51.34 and \$19.21 are pending to come out of the IRCNA budget. One of those charges should have been cancelled but I will see what shakes out on Monday, business. I will be sure to make corrections to budgets as needed. As per last Region, a \$3000 donation was made to World and a \$3000 donation was made to PSZF on 02/09/2026 There are several minor discrepancies on several of the Treasurer's reports – mostly the date and name of the reports on the headings. Not sure how the body wants this to be handled. One example is the doc 08/2025 on the web site is mislabeled as " Winter" and should say "Summer". I could not find the report with the budgets for 2024, 2025, through 2026, or at least it was full of stuff I didn't recognize so I created a new document called "proposed budgets through February 2027" and I will give it to the Recorder to send with the minutes and save it on the treasurer's thumb drive. I will have 2 Treasurer's spreadsheet reports for today, as I understand it in the guidelines is required. I have the closing report ending 02/21/2026 for the Fiscal year and also the last quarter. I will also have an OPENING report which will only be for the income and expenses that occurred today. As I understand it – this is an opening report for the fiscal year, different than just a quarterly report. The closing report is also the quarter end report. If any of that makes sense to you, consider being a Co-Treasurer. Or seeking mental medical help.

		In early January, I made contact with a local liaison with US Bank and have removed and added signers and access to and from the accounts as needed. Here is how it now stands: - o Current signers on the 1041 general account are Jess R., Ashlie C., and Matt S. – Treasurer, Facilitator, and Co-Facilitator - o IRCNA Even account signers are – Treasurer and Co-Treasurer for IRCNA Even – Jeremy S. and Becky W. - o Ircna Odd account has no signers currently – except the Region Treasurer - o Fellowship Development – only signer is Heather M. - o All debit cards were closed except for the debit Card with Jessica Lang on it for the general account. Then a card was opened for IRCNA Even account by the IRCNA Even treasurer. This was approved by me with our US Bank Liaison. - o Does Reese still need viewing access for the accounts? Finally, I want to say to you, my family, that this has been the best and worst journey being a part of the Region treasury. I only feel just today like I have a handle on it and could be an asset rather than a hindrance, limping our finances along. I would encourage everyone to be kind and understanding to the incoming person – whoever they may be, as this is a big responsibility and it is unpaid. I have learned how to say I don't know, how to lead with empathy, how to be less judgmental, how to keep better financial records in my personal life, that I need to make regular time to attend to financials, and so many other things. To say thank you to this body for your kindness, understanding and votes of confidence in me despite every evidence to the contrary and ESPECIALLY where our money is concerned, is woefully inadequate. I have grown in the best and deepest ways because of your expressions of love. Having said all of that, I am gratefully taking off this hat. In Service, Jess Roberts		
o	CO-TREASURER	NA		
o	RECORDER	Verbal		
o	CO-RECORDER	NA		
o	REGIONAL DELEGATE (RD)			
o	ALTERNATE DELEGATE (AD)	February 22, 2026 AD Report Thank you to SCANA for hosting Region. My activities in this cycle have included: IRSC Board Meeting December 22, 2025 Approval of Minutes		

		January 21, 2026 Set Agenda CAR Presentations January 10, 2026 SEIANA In person January 25, 2026 SCANA Virtual February 14, 2026 SANA/SWINA Virtual (Tech error) PSZF December 5-7, 2025 Hosted in Iowa City February 6-8, 2026 Lawrence Kansas Scheduled multiple Zoom meetings for Iowa Committees on the PSZF Zoom accounts. I am currently taking on a larger role in the Scheduling of Zoom Meetings for the PSZF. I have begun scheduling for regions other than Iowa. Conference Participants Meeting (Virtual) December 13, 2025 Zoom CAR February 21, 2026 Zoom CAR/CAT MZSS 2026 December 16, 2025 Programming Meeting Virtual January 20, 2026 Programming Meeting Virtual February 17, 2026 Programming Meeting Virtual MZSSNA-VI will take place in Wichita, Kansas on October 1 – 4, 2026. Save the date and spread the word. Next Zoom Programing Meeting is Tuesday, March 16 th at 8:00pm. Next Planning Meeting is Wednesday, March 18th at 6:30pm. You can volunteer to help, or suggest a workshop topic anytime. These links can be found on MZSS web site, https://mzssna.org . Narcotics Anonymous USA US Collaboration of Zones – https://usa-na.org Important Information from NAWS 2 May & 9 May 2026, 7:30pm Pacific Daylight Time: SPEAKER MEETINGS—listen to members from around the world share their experience, strength, and hope from the World Service Conference 3 May & 4 May 2026, 7:30pm Pacific Daylight Time: NA HISTORY—NA history presentations by Chris and Boyd from the World Service Conference WCNA 2028 in Dublin, Ireland in July - 75th anniversary Price lists are now posted in the Online Store dropdown menu as PDF or spreadsheets that can be updated by groups. Reminder the CAR survey is due April 1st. na.org/survey H&I Basics - Committee section revision is available for review until 4/20 The Group business meeting update review will be available soon CAR Survey 2026 – April 1, 2026 Gender Neutral and Inclusive Language – April 1, 2026 DRT/MAT: Helping Members Take Root – April 1, 2026 H&I Basics – Committees review draft and input form – April 20, 2026 Thank you for the opportunity to serve as the Iowa Region AD. In service, Denny V.
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○	R2D2	Greetings Region I attended a couple of CAR presentations, Zone in Iowa City & Kansas, I look forward to learning lots of things from Tonya & Denny. Thank you for letting me be of service - I look forward to all the things I am going to learn in this position. ILS Jenny B.
○	IRCNA COMMITTEE	Greetings Iowa Regional Service Committee; My name is JD C. I'm an addict in recovery. It is my pleasure and a privilege to serve this body as the auditor for the IRCNA committee. I have received bank statements, receipts, budget reports and final reports from the hosting convention committee CAFANA treasurer Rodney G. and Chair Matt S. As the auditor it was my duty to compare and track financial deposits and debts paid from this committee. As the final report given by the hosting committee I can concur that the amount of \$14,194.49 was the ending balance. However this was not an easy task as there were some new changes to the structure of developing IRCNA odd/even accounts and the development process of moving to a centralized card reading system as during this time convention committee 40 had 2 separate card payment systems and the incoming committee 41 would begin hosting duties from the previous committee account with that being said I am positive of the ending balance and all received payout receipts match up with the bank statements that have been reviewed. It is my belief and hope that with the current changes to the previous banking issues we have a greater chance at success to clearly assist both the hosting committee and the IRCNA auditor in bringing a more thorough report in the future. In Loving Service JD Greetings Region, We are 125 days out from the Convention. We have arrived at go time. I know we have had some hiccups along the way but I have faith in our ability to work as a team and get this done. Our Secretary continues to work with Region IT to resolve issues with the storefront on regions site. Due to an issue with the hotel saying it is booked up off regions site and hotels site we have a plan to update the storefront with the hotel front desk phone number instead of a link to reserve online. Our treasurer and co treasurer have recently been able to complete the entire process of being added to the bank account. Balance of accounts \$6244.84, That includes the 600 that was paid to the comedian as a deposit & \$100 for new checks. We are still owed \$281 from the region's treasurer for docs. That figure is not included in the balance Number of registrations received - 100 Number of meal tickets sold - 9 Number of Hotel rooms booked - 20 Merch - 41 pre registration shirts, 6 registration shirts, 4 hoodies & 2 coffee tumblers. Progress along timelines for each work group: We have reached out for the Banner, We are hoping to have all the issues with the storefront resolved immediately. We are sending out a mass email to all registrants and others when the

		storefront is resolved with complete listing of merch available. Hospitality room sign up sheet. I brought contracts for our alternate merchandisers to be approved by region. Budget details to be approved. Next fundraiser will be held outside of dsm at end of march beginning of april.																
		<table><tr><th>IRCNA</th><th>Irnca 41</th><th>Ircna 42</th><th>Breakdown</th><th>Region Approved</th></tr><tr><td></td><td></td><td></td><td>Flyers \$300 Signage \$350.00 Registration Badges \$200.00 Banner \$300.00 Banquet/Entertainment Tickets \$150.00 Misc \$200.00</td><td></td></tr><tr><td>Arts & Graphics</td><td>\$1,600.00</td><td>\$1,500</td><td>Arts & Graphics total= \$1500.00.</td><td></td></tr></table>	IRCNA	Irnca 41	Ircna 42	Breakdown	Region Approved				Flyers \$300 Signage \$350.00 Registration Badges \$200.00 Banner \$300.00 Banquet/Entertainment Tickets \$150.00 Misc \$200.00		Arts & Graphics	\$1,600.00	\$1,500	Arts & Graphics total= \$1500.00.		
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○	PUBLIC RELATIONS	Greetings, Region! After a few technical difficulties, we had a very productive PR meeting! H&I worked on getting the RD team the counts of total number of H&I panels brought in monthly throughout the Iowa region, and then was able to come together to offer solutions to challenges that some areas were facing. It was a good experience in reaching out and finding solutions. FASANA has asked for an H&I training support																																																								

		during their Spring Fling. Awareness coordinated where the new banners and tablecloths will be placed for Areas to use. One set will be in SANA, one set in SEINA, and 2 sets in SCANA. As a reminder, if your area needs to use these banners for a PR/PI booth, please reach out to the Area closest to yours to coordinate getting them for your event. They are still looking for a listing of all libraries that received Basic Texts, and those that still need them. Please bring that list to the next region. Sponsorship Behind that Walls reports that there is a new Plains State SBTW chair in the spirit of rotation. They are now involved in the Texas prisons. They requested an update on the rebuilding of communication with the Iowa DOC, and were advised that no progress has been made in that regard. There were no new addicts that received training. Their meeting on Zoom are the second Wednesday of the month at 7:30. Our next PR Zoom is scheduled for April 23 rd at 7PM. If you have any needs or support, please let me know. As always, thank you for letting me serve. ILS, Stacy H. Iowa Region PR
●	WORKGROUP REPORTS	
○	ARCHIVES	
○	FELLOWSHIP DEVELOPMENT	2/21/26 Fellowship Development Minutes Service Retreat May 15-17th Newton, IA Registration \$120.00 / Day Pass \$40 Food Ideas: Friday PM: Sloppy Joes or Walking Tacos Saturday AM: Breakfast casserole Saturday Noon: Lunch meat sandwiches Saturday PM: Hot dogs/Hamburgers Sunday AM: Breakfast casseroles It was suggested that everyone please bring something to share. Scavenger Hunt: Kelli L, Iva R., and Amber W. have volunteered to complete the scavenger hunt. Prize; IRCNA Registration?? Friday night opening speaker: Brad S. (SEIANA) Sunday closing speaker: Casey W. (SWIANA) Workshops: Carrying Legacy: Rod G. (CAFANA) Find your niche/ where do you fit? (Speed sharing on service Fellowship Development H&I Phone Lines Awareness

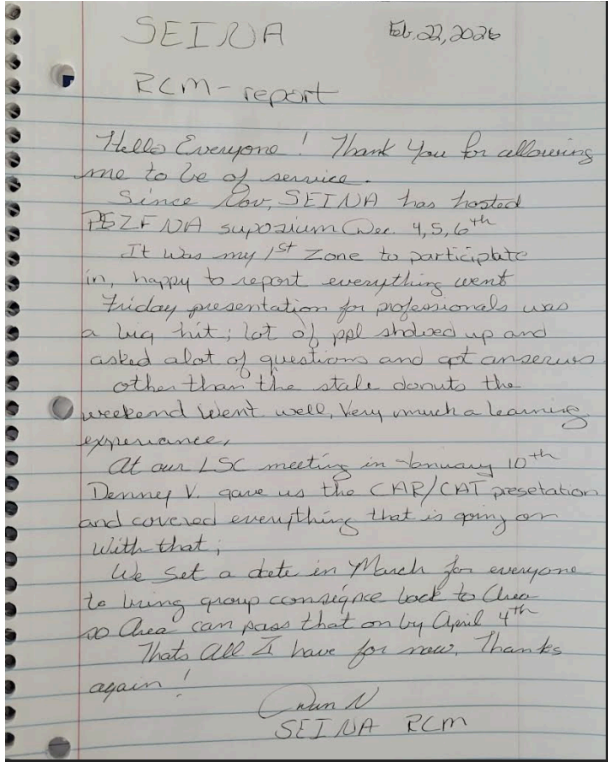
		How to Reach the Newcomer? Tabled talking to PR regarding Banner/Booth. Request for 2025 Fellowship treasure report-
○	GUIDELINES	Greeting region- I took some time to sit back and reflect. After careful consideration I feel it is best for me to step back from guidelines. There seems to be no real need in this area. The body does not have a committee time and it seems all decisions/ discussions are being made by other committee members with zero follow through. In my opinion each service body should have an opportunity to discuss, collaborate and share, then report back to the region. For whatever that is worth. I would encourage the body to have a scheduled work group time on Saturday for guidelines to meet and allow the group to operate as needed. In the meantime, I will always be available to help if and when needed. Wishing you all nothing but success and happiness. Thank you Aisha E AE
○	INSURANCE	Hello Region, As discussed in open forum, I'm having a hard time with getting service on the region's insurance policy from our current agent. I am looking forward to discussing this during new business. I'm also ready to hopefully hand-off the insurance responsibilities to a new trusted servant. As always, I'm grateful to be of service to this body and our fellowship. ILS, Heather M
○	WEB SERVICES	Hello Region Family, For this reporting period 11/16/2025-02/20/2026, we had a total of 4.1k users (up ~3%), with 73% accessing the site via mobile devices. The "Find a Meeting"; page remains the most popular, receiving 5800 views. All statistics are up since the last reporting period. All flyers, meeting lists and documents are up to date on the site. Where We've Been: 1. Intro and Training: Jon O continues to give generously of his time to help as need to keep things up and running. It is my understanding that in June 2025 we agreed to pay \$75 per month to Barry to remain as consultant to help through the transition. This issue was raised in Nov 2025 to review if this is any longer necessary. 2. Trello board: There are currently 7 open issues on the Trello board. We are working toward following up on these. 3. IRCNA 42: Continuing to work with the committee to make adjustments as needed. 4. IT Facilitator SOPs: Continue working on guidelines for how, when, and why toupdate the site or add new features.

		5. Subdomains: New RD sub lead to the discovery that RD handouts have not been updated in some time. Working with Tonya to get copies of these so we can get it up to date. This has been completed as of 2/26. 6. Fellowship Development subdomain updated with 2026 retreat information. Where We're Going: 1. Member survey to be added to the website to relay our regional conscience regarding CAR topics to our delegates prior to April 11. 2. Continuing to update as service positions are filled or become open to be sure that everything is up to date. 3. I was made aware yesterday that Cathleen V. has stepped down from her IT Coordinator position and her support is already missed! If there anyone willing to step into this position your support would be invaluable! I need everyone's help with a few things: 1. This weekend 2 issues came up that I had not followed through on. Generally, when you make a request I try to let you know approximately how soon I can have it done and I try to get website submissions within 24 hours. However, I am just another hobo on the bus balancing work, school and recovery so if the date that I told you has passed or you haven't heard anything within 48 hours PLEASE reach out to me. 2. If you are stepping down from a service position or starting a new one, please let me know so we can keep email accounts up to date. 3. Your input on the website is invaluable! Please share any feature requests or suggestions for improvement. I am incredibly grateful for the continued opportunity to serve in this capacity. In Loving Service, Jen S
	INCORPORATION AD HOC	
●	AREA REPORTS	
○	CAFANA	No Report
○	FASANA	Greetings Family, My name is Brittany, and I am an addict. FASANA is currently facing new challenges at the Area level, which we are addressing collectively as a body. We have no regional donation today. In loving service, Brittany C.
○	HANA	Greetings region thank you to SCANA for hosting.

		First and foremost I want to say that HANA is super excited to be hosting Ircna in 2027. The area has been doing a wonderful job with fulfilling service committees, and positions. Service committees are meeting and brainstorming on ideas to best fulfill their positions. A lot of fun and exciting things are happening in the area. We have four speaker jams coming up: Principles before personalities: March 7th A New Rising: April 18. Recovery At Work of Fort Dodge: May 9 By Any Means Necessary: June 20. Flyers will be attached with further details. HANA also has an annual unity day in the works with more details to come. Our efforts on H&I are going strong with addicts going into numerous facilities, carrying a clear message of narcotics anonymous. I am happy to also say of the 9 groups in our area we have had full commitment with all nine actively engaging in area meetings. Thank you for letting me be of service, Jacob B
○	LANA	Absent- No Report
○	MANA	Hello region, MANA is doing well, we have 8 meetings throughout the week averaging anywhere from 5 people to 40 people. We have 6 activities planned for the year. Area is doing well, we are having issues with positions being filled, but working through it. In loving service Michelle R.
○	MRVANA	MRVANA has no regional donation for this quarter. There are no changes to our meeting list. We have no upcoming events as we are currently bereft of an activities chair. We still have no active H&I efforts in Dubuque but do have a nominated PR chair for the first time in a while, so perhaps that will change in the near future. We have elected an RCMA, Don K. In loving service, Jack D
○	NCIANA	No Report

○	QCANA	QCANA Regional Service Report – 2/22/2026 Greetings from QCANA. Cathleen V, our RCM has recently stepped down from her position. I am Kevin R. The new RCM delegate. I have brought with me Steven W. our new Alt RCM. Please welcome him to the Region. We would like to thank the SCANA Area for hosting the Regional Service Committee. We currently have 8 groups in the Area with a total of 23 meetings a week. We would like to know how many recovery meetings the Region currently has going on a regular basis. One of groups “Road to Recovery” is having a Speaker Jam on 4/11/26 from 11-6pm in Davenport Ia. We are hoping to see everyone come join us as we visit 7 topics on 7 IP’s. Please See our Flyer out on the table. We are also having the QCANA Birthday Bash on May 2nd starting at 3pm. With dinner and our speaker (Kenny M. – from Kentucky). Please come join us at 1200 Middle Road in Bettendorf, Ia. We are hoping to have the CARR and CAT votes done as well as the surveys. We currently have H & I meeting with P & I and hoping to increase our communication and response to fellowship needs by doing this. We currently have no PI Chair so our H&I chair is doing both positions. We formed an ad-hoc committee for IT to better serve our groups. We would like to give 150 dollar donation to the region. Thank you for making me and Steven feel so welcome to the region. It has been a real pleasure getting know everyone. In loving service. Kevin R.
○	SANA	Greetings Iowa Region, The Siouxland Area of Narcotics Anonymous has changed its venue for hosting Area. For two years the Stairway to Heaven Group of Narcotics Anonymous hosted it in Lemars, Iowa. The groups voted to bring it back to Sioux City. So far we have have a strong showing. 16 of the 18 home groups have been in attendance which gives a much stronger consensus of our Area's voice. PR has a new chairperson. The sub-committee was already established so hopefully this assists with a smooth transition. Currently the SANA PR is working on putting signs in the public buses in Sioux City. Two of our homegroups have joined together to help with the funds necessary for this effort. These two groups are rural groups contributing to a city project. Subcommittees are strong in SANA. Our Guidelines and our Newsletter Subcommittees have grown and are actively contributing to our Area. The H&I Subcommittee continues to move along. There is a glaring need for women to help carry the message. Unfortunately we did close down an H&I commitment this month. We are no longer going to the Cherokee County Jail.

		There was a lot of discussion on how to keep it going but ultimately the subcommittee decided to stop going there. SANA has a new meeting. There is a Thursday night meeting in LeMars that began in December. There are also two rogue meetings considering joining SANA. There is one in Sheldon, a Sunday afternoon meeting, which is a part of LANA. I reached out to LANA to let them know of the meeting. Since then the new meeting has attended SANA Area but hasn't made a commitment to an Area yet. Hopefully they join an Area soon. There is a meeting in Wakfield, Nebraska that is rogue and is currently deciding between SANA and EVANA. As a matter of fact they held a speaker jam this month that had speakers from EVANA and SANA which was a cool joint effort. I regret to inform you that SANA lost a meeting this year. Cherokee closed the doors on its Thursday night meeting. Cherokee no longer has a Narcotics Anonymous meeting. Originally I had attendance for SANA in my notes but left the notes at home. Next Region i will have a better attendance of all meetings for Region. The Living Free Clubhouse continues to see 1400-1500 addicts a month come through the doors. Living Free had a Thanksgiving feed that fed over 80 addicts and a Christmas feed that served over 100 addicts. Also, Living Free was open from 12/24-1/1 for 24 hours a day which provided a safe and secure place for addicts to feel welcome and a part of over the holidays. SANA is grateful for the banners that the Iowa Region gave to us. While we havent used them for a public event they have already been put to good use. The were used for an Area event, a CAR workshop that was presented by our Iowa Regional Delegate. They were also used for 3 home group speaker jams-two of which SANA PR had a table at. There have been a lot of activities in our Area as well. In addition to the wonderful things that Living Free continues to do on the front lines of recovery in SANA, we have had a Clean Skate Skating Party. The Tag You're IT Group, the No Name Group, Freedom and Surrender have all had speaker jams with 60-100 addicts in attendance. The Stairway to Heaven Group has held two speaker jams with attendance of 200 and 90 respectively. Yesterday Guardian Angels 1 held their first speaker jam with all proceeds going for Basic Texts for the Woodbruy County Jail. SANA has a donation of \$350 for Region. In Loving Service, Mateo F alt-RCM Iowa Liason for SBTW Stairway to Heaven Group of Narcotics Anonymous
○	SCANA	Greetings Region! I'm really grateful for the chance to serve and look forward to the next year with all of you. 2026 is off to a great start. Activities has been busy, hosting a soup cook off and IRCNA fundraiser and a punk rock dance. Upcoming events include a Spring Family Fun Day on April 18th and our annual Memorial Day Picnic, which is by far our areas largest event. Last year attendance was nearly

		300 people. SCANA outreach has been flooding meetings once a month. Our IRCNA planning committee is hard at work, presale tickets are moving and hotel rooms are being booked. Raffle and auction items are being collected, and tickets are being sold for a quilt that will be auctioned off at IRCNA. We have 49 meetings weekly in SCANA, and carry the message to 44 meetings monthly through H&I. We've added two meetings to Saturday in the last few months, and our meeting list continues to grow. While our area is going strong, many of our members are hurting. In the last two months we lost three active members of Narcotics Anonymous. These funerals, they shook us, but we showed up for one another and will continue to do so. I'm so grateful for that. In Loving Service, Jackie
○	SEIANA	 Hello Everyone! Thank you for allowing me to be of service. Since Nov. SEIANA has hosted PSZFNA symposium Dec 4,5,6th. It was my 1st zone to participate in, happy to report everything went. Friday presentation for professionals was a big hit lot of ppl showed up and asked alot of questions and got answers other than the stale donuts the weekend went well, very much a learning experience. At our LSC meeting in January 10th Denny V gave us the CAR/CAT presentation and covered everything that is going on with that. We set a date in March for everyone to bring group consiqnce back to area as area can pass that on by April 4th. Thats all I have for now. Thanks again! Dan N SEIANA RCM
○	SWINA	Greetings Region,

		Recovery is alive and well in Southwest Iowa. We have elections upcoming, so we may have some new faces at Region next time. Meetings are going well, with a few address changes for existing meetings. These have been updated on the BMLT, which is current at this time. We have a big push for jail packets going out to facilities which required us to order more business card. In addition to the facilities we have previously covered, we will also be sending packets into Waubonsie and Clarinda facilities. We had a successful H&I training day, and are planning a phone line training on 03/21 at the New Litehouse in Council Bluffs. We are very excited to have an active phoneline subcommittee after far too long without one, and are hoping to have even more people available to take time there. We have members expressing interest in talking a slip at IRCNA in the hospitality room, and have a group committed to planning our part for this. I will coordinate with the IRCNA committee to get that time scheduled. After speaking with our GSR's, we have confirmed that 2 basic texts were placed in Atlantic area libraries, and one was placed in Council Bluffs. Our other communities are having their libraries checked to see if they are in need of more/replacement basic texts. We will also be gathering our CAR consensus at the time of our phone line training. We have our annual chili cookoff planned for 03/14, and a flier is available on the Region website. We are deep into planning for our SWINA campout, and more will be revealed on that. We are excited to have lots of things upcoming and look forward to a busy spring and summer. We do have a Region donation, and will coordinate to get that to the treasurer. As always, thank you for letting me serve. ILS, Stacy H. SWINA RCM
	FINANCIAL REQUESTS:	1. None
	UNFINISHED SERVICE:	1. 2022-2023 Audit: a. Tabled 2. IT Equipment: a. Equipment will be taken to next region by IT Facilitator 3. Treasurer Nomination: a. Este- take back to Areas 4. Archives: a. Dan - passed- 5 white, 5 green 5. Co-Recorder: a. Heather- passed 8 green, 2 white 6. Insurance: a. Kris B - passed 7 green, 3 white 7. Region Storage Unit: a. Moving March 29th @ 11am from 4043 E 14th St Des Moines to 2725 2nd Ave Des Moines b. Matt S will get financial obligations for the unit from Treasurer 8. Bank Accounts: a. Tabled 9. Proposal:

		a. SCANA proposes to increase the start-up fund for the IRCNA Host committee to \$5000. Intent is to eliminate the need for fundraising and the disunity that has occurred because of it. Financial impact \$2000 - Motion passed
	NEW SERVICE:	1. Planning Session Information: a. Survey will be created and put on the Iowa regional website 2. Region Insurance: a. Having issues getting responses from the current insurance agent. Kris and Heather will work together to figure out the best solution for insurance. More will be revealed. 3. Incorporation: a. Jess R will research our options in regard to a CPA or attorney. She will look at prior minutes to find contact information for the attorney Mark F. worked with to get 501c3 established. 4. Proposal: a. Related to the 501c3: Allow Iowa areas to use the non profit status for improved PR purposes. To do this, the requesting area would obtain quotes for desired services (i.e. bus signs), submit to the region with verification of availability of funds in the area, purchases to be made by the region then the region is reimbursed by the area making the request. All information used must be exclusively regional information without area information included. Concerns expressed are that this could be interpreted as legally questionable (i.e. money laundering). Suggestion made to table waiting on consultation with a professional. 5. Co-Treasurer/Treasurer: a. Esti has been nominated. Jess R. has agreed to continue as Treasurer until June region. 6. IT Coordinator: a. Open 7. Guidelines: a. Jess R- nominated 8. Fellowship Development: a. Coordinator position open- Ashlie C nominates Cami S service resume attached. b. Facilitator appoints Cami S. as interim ad hoc fellowship development.
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IRCNA Odd: \$500.00
IRCNA Even: \$6526.00

Fellowship Development: \$146.00
Region: \$ 8276.00
2025 Fiscal year closing report: \$12,291.00
2026 Fiscal year opening report: \$12,291.00
Expenses: \$5976.00
Income: \$23.00

[illegible]

	CAFANA	Cloin & Free			
	FASANA NB	Freedom & Serenity [Cedar Rapids]			
11/16/25	IIANA	Heartland Area of NA	\$500.00		
	LANA	Lakes			
	MANA	Members			
	MRVANA	Mississippi River Valley [Dubuque]			
	NCTANA	North Central			
11/16/25	QCANA	Quad Cities	\$150.00		
	SANA	Siouxland			
11/16/25	SCANA	South Central (two separate checks 500/750)	\$750.00		
11/16/2025	SEIANA	SouthEast Iowa [Iowa City]	\$1,500.00		
11/16/25	SWINA	SouthWest Iowa	\$1,250.00		
		group donation(s) — Recovery In Action			
	Ind	Individual Donation R.H.			
	CashApp	group donation(s) — We Do Recover			
	CashApp	Individuals donation(s)	\$85.00		
	PayPal	Individual Donations	\$10.00		
					Expenses
		Service Reserves (Standing/PR)	Income: \$4,245.00	(\$4,000.00)	\$6,400.00
		February 2026 Region's Opening Balance:	—————>	—————>	\$12,290.80
		<i>RESERVE in effect During Conference</i>	—————>	—————>	<i>\$5,940.00</i>
		FUNDS ABOVE RESERVE	—————>	—————>	\$6,350.80

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