

**RCMs: please share this page with your Area and give to GSRs**  
**GSRs: please share with your home groups ☞ June 2026**

**Quarterly handout from the Iowa Regional Delegate Team:**

- Tonya H. from Sioux City is your Regional Delegate - contact at: [rd@iowa-na.org](mailto:rd@iowa-na.org)
- Denny V. from Iowa City is your Alternate Delegate – contact at: [ad@iowa-na.org](mailto:ad@iowa-na.org)
- Jenny B. from Des Moines is your R2D2 - contact at: [jenniferservice2@gmail.com](mailto:jenniferservice2@gmail.com)

**News from NA World Services (NAWS):**

- **Contribute to NA World Service** ☐ [www.na.org/contribute](http://www.na.org/contribute)
- **Annual Events** ☐ <https://na.org/news-events/annual-events/>
- **Projects and Surveys** ☐ <https://na.org/news-projects-and-surveys/>
  - **Current Projects: Individuals, Groups, Areas please complete these**
    - **Future of the WSC** - <https://na.org/future-of-the-wsc/>
    - **Local Service Toolbox** - <https://na.org/news-projects-and-surveys/toolbox/>
- **WCNA 2028 in Dublin, Ireland in July - 75th anniversary**
- **Literature Price lists are now posted in the Online Store dropdown menu as PDF or spreadsheets that can be updated by groups.**
- **The Group business meeting update review will be available soon**
- **NAWS Informative handouts** available on [na.org](http://na.org) ☐ Service resources ☐ Fellowship Development Resources ☐ Maps diagrams and NA's growth
- **NAWS Information & Awareness Posters, Brochures & Video clips** available on [na.org](http://na.org) ☐ NA World Services ☐ What is NA World Services.
- **Focus Group Volunteers/Opportunities to Help with the Work** in upcoming projects. Go [na.org](http://na.org) ☐ NA World Services ☐ Get Involved ☐ Help with a Project ☐ Complete the Focus Group Volunteer Form for 2026-2029 Cycle.
- **Upcoming Webinars**
  - **H&I webinar: 11 July, 9am PDT** - Zoom ID: 869 2016 8041 Passcode: H&I2026
  - **Public Relations webinar: 18 July, 9am PDT** - Zoom ID: 857 8489 8827 Passcode: PR2026
- **Summary of WSC Decisions** - Info on election results, WSC survey results etc available on [na.org](http://na.org) ☐ NA World Services ☐ World Service Conference ☐ Draft WSC 2026 Summary of Decisions

**News from the Plain States Zonal Forum (PSZF):**

- **Sponsorship Behind the Walls** workgroup meets the 2<sup>nd</sup> Wednesday of every month at 7:30pm via zoom. In addition, contact [sbtw@pszf.org](mailto:sbtw@pszf.org).
- **SPONSORS ARE NEEDED** - Orientation will be held Saturday October 16<sup>th</sup> at 1:00 pm., Please visit [www.pszfna.org/sbtw](http://www.pszfna.org/sbtw) or contact the Iowa Region SBTW coordinator Matt F. at [sbtw@iowa-na.org](mailto:sbtw@iowa-na.org). **Remember:** All sponsors must retrain every 2 years. If it has been more than 2 years since you last trained, please sign up.
- **Next Zonal Meeting: July 17 – 19, 2026** - Norfolk, Nebraska Zoom ID 921 626 3087 Passcode 1953
- **US Collaboration of Zones** website has Information for professionals & a meeting finder [usa-na.org](http://usa-na.org)
- **Multizonal Service Symposium October 2 - 4, 2026** Registration information & workshops info available at [mzssna.org](http://mzssna.org)

**News from the Iowa Region (IRSC):**

- **Phoneline:** Meets on the third Thursday of each month at 6:00 PM.
- **Fellowship Development:** [fd@iowa-na.org](mailto:fd@iowa-na.org)
  - **Next meeting Wednesday June 14<sup>th</sup> at 9:00 am** -- Zoom ID to come
  - **Seeking input on Area needs from Fellowship Development on workshops**
  - **Open Positions:**Facilitator, Recorder, Co-Treasurer
- **PR:** Next meeting on zoom on **July 16<sup>th</sup> at 7:00 pm**. To schedule an H&I or PI Learning Day, contact [pr@iowa-na.org](mailto:pr@iowa-na.org). **QR code available** directing users to the Iowa regional website. See [www.iowa-na.org/calendar](http://www.iowa-na.org/calendar) for Zoom ID. Area PR facilitators are encouraged to attend Region in person or via Zoom. Phoneline needs Area Contacts [phoneline@iowa-na.org](mailto:phoneline@iowa-na.org). Region H&I Coordinator is vacant.

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Please bring a list of all local libraries that need or have a basic text to the next meeting. **OPEN POSITIONS:** Phonenumber Coordinator & Co-Phonenumber Coordinator; Awareness: Coordinator, Co-Coordinator, Recorder

- **IRCNA 42** - June 26 – 28, 2026 / SCANA, Holiday Inn Des Moines-Airport/Conference Center, Des Moines, Iowa
- **Archives Workgroup:** Area participation/contribution of old records contact [archives@iowa-na.org](mailto:archives@iowa-na.org)
- **Insurance Workgroup:** Heather M. Contact: [insurance@iowa-na.org](mailto:insurance@iowa-na.org).
- **Web Services:** Event submissions must be uploaded on the Region web site more than 30 days prior to the event to be covered by the region insurance. Email [info@iowa-na.org](mailto:info@iowa-na.org).
  - Iowa Region web site ☐ [www.iowa-na.org](http://www.iowa-na.org)
  - Social Events ☐ [www.iowa-na.org/iowa-na-social-events/](http://www.iowa-na.org/iowa-na-social-events/)
  - Service Events ☐ [www.iowa-na.org/iowa-na-service-events/](http://www.iowa-na.org/iowa-na-service-events/)
  - Iowa Memorial ☐ <https://iowa-na.org/submit-to-iowa-na-memorial/>
- **2026 WSC Report** [iowa-na.org](http://iowa-na.org) ☐ NA Members ☐ Regional Delegate Info. **QR code available**

**For Area Consideration**

- To schedule a **ZOOM** Meeting: Visit [www.pszfna.org/schedule-zoom](http://www.pszfna.org/schedule-zoom) or Email [info@pszfna.org](mailto:info@pszfna.org)
- **OPEN POSITIONS at Region:** Phonenumber Coordinator & Co-Phonenumber Coordinator; Fellowship Development Facilitator, Recorder, Co-Treasurer; Awareness: Coordinator, Co-Coordinator, Recorder.
- **IRCNA 42** has open timeslots for Hosting the Hospitality Room. Contact [ircna42@gmail.com](mailto:ircna42@gmail.com).
- **For Area Consideration** - Change IRSC's prudent reserve to 30%. **RCMs bring back VOTE**
- **Fellowship Development** is seeking Workshop suggestions from Areas? What would Areas like?
- **Nominations** open in August for: Facilitator, Co-Facilitator, RD, AD, IT Facilitator
- **Moving Region Storage** from Budget Storage at 4043 E 14th DSM, IA 50313 to Dino's Storage 2725 2nd Ave, Des Moines, IA 50313 - More will be revealed - Look for updates from Iowa Recorder
- **IRSC Planning Session Survey** [iowa-na.org](http://iowa-na.org) ☐ Planning Survey - Members, Groups, Areas please complete before the August 1, 2026
- **IRCNA 43** - July 9 - 11, 2027 – HANA – Grinnell College, Grinnell, Iowa

**NEXT REGION: Aug 15 – 16, 2026, MANA**  
Swan Lake Conservation Education Center  
22676 Swan Lake Trail Dr, Carroll Ia 51401